



PRAYING THE
ROSARY
DURING THE
COVID-19 PANDEMIC

(Sorrowful Mysteries)
Prayed on
Tuesdays & Fridays



Church of the
DIVINE MERCY
Shah Alam

www.divinemermy.my

   DivineMercyMY

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Opening Prayer

O Mary,

You shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who, at the foot of the cross, were united with Jesus' suffering, and persevered in your faith.

“Protectress of the Roman people”, you know our needs, and we know that you will provide, so that, as at Cana in Galilee, joy and celebration may return after this time of trial.

Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us. For he took upon himself our suffering, and burdened himself with our sorrows to bring us, through the cross, to the joy of the Resurrection. Amen.

We fly to your protection, O Holy Mother of God; Do not despise our petitions in our necessities, but deliver us always from every danger, O Glorious and Blessed Virgin.

Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary *(Say three Hail Mary for Faith, Hope, and Charity)*

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.



The First Sorrowful Mystery

The Agony in the Garden

After celebrating the Last Supper with His apostles, Jesus goes to the Garden of Gethsemane and prays before being arrested. In that prayer, He prayed that all might be one. During this time, we are united as a community in our suffering and isolation. But as believers, we are united in our prayer to Almighty God for the containment and eradication of the coronavirus. As we suffer our own agony now, let us ask for the grace to pray as Jesus did, and as we pray, may it fulfil Jesus' prayer for unity.

Our Father...

Hail Mary... *(10 times)*

Glory be...

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.



The Second Sorrowful Mystery

The Scourging at the Pillar

During the Passion, Jesus was beaten and tortured. We are mindful of those who are immunocompromised and susceptible to disease. For them, any illness can be another scourging, another blow to their health. During this time of pandemic, we pray for their health, safety, and protection from the virus. Please Lord spare them in this moment.

Our Father...

Hail Mary... *(10 times)*

Glory be...

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.



The Third Sorrowful Mystery

The Crowning with Thorns

While earthly rulers have crowns made of gold, the crown of our savior was that of thorns. Jesus is the King of Life and the King of our lives. During this time, let us pray for the grace to put Jesus at the center of our lives and allow him to be the King and Lord of all that we do.

Our Father...

Hail Mary... *(10 times)*

Glory be...

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.



The Fourth Sorrowful Mystery

The Carrying of the Cross

During this time, we all have been asked by our Lord to carry new and unexpected crosses. May our experience of the cross, help us to know suffering in a new way. Let us walk with Jesus and from his example find our strength and courage to carry our cross.

Our Father...

Hail Mary... *(10 times)*

Glory be...

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.



The Fifth Sorrowful Mystery

The Crucifixion

Jesus Christ became incarnate to be our savior. He saves us from our sins and let us ask him to save us now from the coronavirus. Jesus' death on the cross defeated death. Let us also pray for those who will die this day, especially from the coronavirus, by the blood of Jesus may they find their forgiveness and redemption. Just as Jesus said to the Good Thief, "Today you will be with me in paradise," may they hear similar words when they go forth to meet Christ our Lord.

Our Father...

Hail Mary... *(10 times)*

Glory be...

O my Jesus, forgive us our sins.

Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our Life, our Sweetness, and our hope.

To thee we cry, poor banished children of Eve.

To thee we send up our sighs, mourning and weeping in this vale of tears.

Turn then most gracious advocate, Thine eyes of mercy toward us, and after this, our exile, show unto us, the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

Pray for us O Holy Mother of God,

That we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.



Closing Prayer

“We fly to your protection, O Holy Mother of God”.

In the present tragic situation, when the whole world is prey to suffering and anxiety, we fly to you, Mother of God and our Mother, and seek refuge under your protection.

Virgin Mary, turn your merciful eyes towards us amid this coronavirus pandemic. Comfort those who are distraught and mourn their loved ones who have died, and at times are buried in a way that grieves them deeply. Be close to those who are concerned for their loved ones who are sick and who, in order to prevent the spread of the disease, cannot be close to them. Fill with hope those who are troubled by the uncertainty of the future and the consequences for the economy and employment.

Mother of God and our Mother, pray for us to God, the Father of mercies, that this great suffering may end and that hope and peace may dawn anew. Plead with your divine Son, as you did at Cana, so that the families of the sick and the victims be comforted, and their hearts be opened to confidence and trust.

Protect those doctors, nurses, health workers and volunteers who are on the frontline of this emergency, and are risking their lives to save others. Support their heroic effort and grant them strength, generosity and continued health. Be close to those who assist the sick night and day, and to priests who, in their pastoral concern and fidelity to the Gospel, are trying to help and support everyone.

Blessed Virgin, illumine the minds of men and women engaged in scientific research, that they may find effective solutions to overcome this virus. Support national leaders, that with wisdom, solicitude and generosity they may come to the aid of those lacking the basic necessities of life and may devise social and economic solutions inspired by farsightedness and solidarity.

Mary Most Holy, stir our consciences, so that the enormous funds invested in developing and stockpiling arms will instead be spent on promoting effective research on how to prevent similar tragedies from occurring in the future.

Beloved Mother, help us realize that we are all members of one great family and to recognize the bond that unites us, so that, in a spirit of fraternity and solidarity, we can help to alleviate countless situations of poverty and need. Make us strong in faith, persevering in service, constant in prayer.

Mary, Consolation of the afflicted, embrace all your children in distress and pray that God will stretch out his all-powerful hand and free us from this terrible pandemic, so that life can serenely resume its normal course. To you, who shine on our journey as a sign of salvation and hope, do we entrust ourselves, O Clement, O Loving, O Sweet Virgin Mary. Amen.

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Credits: Rosary Meditations for Prayer During the COVID-19 Pandemic

<https://catholicexchange.com/rosary-meditations-for-prayer-during-the-covid-19-pandemic>